



Es Pujols, 3 octubre 2020

TRIATHLON OLIMPIC- 1.500 m SWIM - 40 km BIKE (road) - 10 km

TEAM RELAY OLIMPIC - 1.500 m SWIM - 40 km BIKE (road) - 10 km RUN

TRIATLÓN SPRINT 750 m SWIM - 20 km BIKE (road) - 5 km RUN

TEAM RELAY SPRINT 750 m SWIM - 20 km BIKE (road) - 5 km RUN

Rule Book

Art. 1. - All people of both sexes may participate, whether or not they have a federative license.

Art. 2. - The race will be held in Es Pujols (Pl. De Europa), on Saturday October 3, 2020.

Art. 3.- REGISTRATIONS:

They can be made through the page www.competidors.com until October 1st and in the Bib number collection table on Saturday 3, from 9:30 a.m. to 12:00 p.m.

Registrations are strictly personal and non-transferable, they cannot be used by anyone other than the person registered. It is not possible to substitute one participant for another.

Registration return policy:

- Until August 31 RETURN of 50% of the registration.
- From September 1 to 14 RETURN of 30% of the registration.
- As of September 15, **no casualties will be accepted for any reason.**

Art. 4. - REGISTRATION PRICE:

SPRINT

Federated registration: € 20 + € 2 of chip rental (if you do not have a yellow chip).

Non-federated registration: € 25 (includes insurance) + € 2 of chip rental (if you do not have a yellow chip).

Team registration: € 30 (€ 5 increase for each non-federated athlete as insurance for each one) + € 2 chip rental (if you do not have a yellow chip. One chip per team).

OLIMPIC

Federated registration: € 30 + € 2 of chip rental (if you do not have a yellow chip).

Non-federated registration: € 40 (includes insurance) + € 2 of the chip rental (if you do not have a yellow chip).

Team registration: € 40 (€ 5 increase for each non-federated athlete as insurance for each) + € 2 chip rental (if you do not have a yellow chip. One chip per team).

Art. 5. - DELIVERY OF BIBS:

Place: Plaza de Europa de Es Pujols in Formentera, on October 3 from 9:30 a.m. to 1:30 p.m. At the time of picking up the bib number, you will have to prove your federation status.

Art. 6.- TIMETABLE Saturday, October 3:

COLLECTION OF SPRINT, OLYMPIC & EQUIPMENT BIBS

- 09:30 - 13:30. in the Plaza de Europa in Es Pujols.

SPRINT & EQUIPMENT MODALITY

- 12:45 - 1:45 p.m. You can leave the bike and the material in the pits.
- 14:00 h. Presentation in the Chamber of Exit of the SWIM segment, on the Es Pujols beach.
- 14:15 h. Sprint Outlet & Sprint Teams.
- Material removal approx. from 4:40 p.m. to 5:00 p.m. (according to conditions established in the article 9 of this regulation).

OLYMPIC MODALITY & TEAMS

- 12:45 - 1:45 p.m. You can leave the bike and the material in the pits.
- 15.45 h. Presentation in the Chamber of Exit of the SWIM segment, on the Es Pujols beach.
- 16.00 h. Olympic Outing & Olympic Teams.

DELIVERY TROPHIES 2 MODALITIES at approximately 7:30 p.m. in the Plaza de Europa

Art. 7. - For reasons of coordinating the security of the test, we are obliged to establish cut-off times by sector.

SPRINT - (Departure at 2:15 p.m.)

Cut swimming sector - maximum time of leaving the water: **14:40 h.**

Cycling sector court - maximum time to enter the box: **15:30 h.**

Court of the athletics sector - maximum arrival time at Goal: **16:15 h.**

OLIMPICO - (Departure 4:00 p.m.)

Swimming sector cut - maximum time of leaving the water: **4:45 p.m.**

Cycling sector court - maximum time to enter the box: **18.20 h.**

Court of the athletics sector - maximum time of arrival in Meta: **19.30 h.**

All athletes who, for whatever reason, cannot meet the schedule will be withdrawn from the competition.

Art. 8. - It is mandatory to follow the following regulations:

- The use of an approved helmet is mandatory for the cycling segment.
- Cycling is not allowed inside the BOXES area. The helmet must always be closed when the bicycle is not on the bicycle support bar.
- It is only allowed to participate with a road bike.
- Drafting is allowed, except between athletes of different sex and of the same sex on a different lap.
- The bib of the body must be visible in the rear area during the cycling test and in the front area in the segment of the running race.
- The bib cannot be worn in the swimming segment, which must remain in the transition area
- The bicycle must have the sticker to be provided. The number must be visible in horizontal reading from the left.
- It is only allowed to leave in the assigned place of the transition area, the material that will be used during the competition.
- It is prohibited to compete with the naked torso.
 - No type of coupling for the bicycle is allowed in any of the 2 distances
 - Use of neoprene: At distances of up to 1500 m. It is prohibited above 22o and mandatory below 15.9o. Athletes in Veterans 2 and above (over 50) can use neoprene regardless of the water temperature. The Technical Delegate of the race may authorize its use outside these margins, in the event of the existence of jellyfish banks or other circumstances.

- In order to contribute to a minimum environmental impact of the tests, the participants will use the containers located in the aid station to throw the bottles and they will not throw the food or other containers on the ground in any section of the test.

Art. 9. - The entrance time to BOXES is from 13:00 to 14:00. **The material collection time for the Sprint** category will be approx. from 4:40 p.m. to 5:00 p.m. This schedule is subject to the end of the swimming segment of the Olympic category and that the first runner, of the cycling segment of the Olympic category, has not finished before 17:00. After this time, all participants will have to wait for the Olympic category test to finish to remove the material.

Art. 10. - Each participant will receive the following bib numbers: a swimming cap, a bicycle sticker, three helmet stickers and a bib number to be used in the cycling segment and the foot race. These bib numbers must be visible to the judges.

The team members will receive the same elements. The chip and the number must be worn by the member of the team that is competing at the time, so the relay will be carried out by delivering the chip with the strap and the number to the partner, who must put it on before starting his segment.

Art. 11. - INDIVIDUAL SPRINT AND OLYMPIC CATEGORIES (male and female):

- Cadet - 2003-2005 (Sprint Triathlon Only)
- Junior - 2001-2002
- Sub 23 - 1997-2000
- Veteran 1 - 1971-1980
- Veteran 2 - 1961-1970
- Veteran 3 - 1960 and earlier
- RELAY TEAMS: They must be made up of 2 or 3 participants (can be mixed) that none are enrolled in the individual category. A single category is established for teams.

Art. 12. - TROPHIES:

- Trophy for the top 3 Absolute finishers (men and women) Sprint and Olympic.
- Trophy for the first classified in each category (male and female) Sprint and Olympic.
- Trophy for the first team classified Sprint and Olympic.

Art. 13. - At the request of the organization or of the judges of the test for the control of material, all participants must prove by means of official documentation with photographs, their identity and date of birth.

Art. 14. - Claims will be presented to the Referee-Judge until 15 minutes after finishing the race in question.

Art. 15. - The organization is not responsible for the moral, material or physical damages that the participants or spectators could suffer during or as a consequence of the tests. However, there will be a first aid service.

Art. 16. - The race is subject to the decisions of the Referee. The fact of registering and participating implies acceptance and compliance with these regulations, in addition to the Competition Regulations of the Spanish Triathlon Federation.

The referee judge or, where appropriate, the federative delegate, may order the interruption and cancellation of the competition or one of the segments, for exceptional meteorological reasons. In this case, the organization, together with the judges or federative delegate, reserves the option of giving an alternative or the corresponding modifications.

Art. 17. - The participant declares that he is in the physical conditions necessary for the development of the test and that he participates voluntarily.

Art. 18. - By signing this contract I authorize UNISPORT CONSULTING SL and other sponsors and collaborators to take photographic and / or audiovisual files for commercial purposes. The images and / or videos will be exposed in the profiles that the companies manage in the various social networks or used for marketing campaigns related to the events that UNISPORT CONSULTING SL or its related companies (GERMATUR GESTION SL) may carry out.

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